

BETWEEN-US

VOL. 29 ISSUE 1 1

NOVEMBER 2021

Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone. @MilwaukeeCentralOffice-AA https://venmo.com/code?user_id=2976454346276864728 ...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

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If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

What's Wrong With Personalities? Plenty!

By: F. P. | Spokane, Washington

Anonymity is an expression of humility and an antidote to "self-will run riot"

ANONYMITY, as we observe it in AA, is at root a simple expression of humility. The Twelve Steps of AA are vital to individual sobriety, but the Steps, if not carefully encased in protective Traditions, would soon be open to all kinds of individual interpretations--some good, some perhaps divisive. The Twelve Traditions, hammered out the hard way from experience, maintain our essential unity and assure the continuation of the Fellowship. And *all* the Traditions rest on the idea of anonymity as our "spiritual foundation . . . ever reminding us to place principles before personalities."

And what, we may ask, is wrong with personality? Plenty!--when in excess--as we sadly learned during our pre-AA lives. We've read and accepted the description of "self-will run riot," and we're painfully aware of the killing nature of uncontrolled egos. We know all too well the dangers of making principles fit the needs of personalities. Many of us nearly died trying to do so.

Typically, as a drinking alcoholic, I became an expert at rationalizing. I "knew," deep inside, that I was the center of the universe. My problem, of course, was that I could never get the

(Personalities Continued on page 2)

Psst! Hey, Buddy!

By: N. A. | Wenonah, New Jersey

"Traditions" isn't really a dirty word

NOBODY WANTS to talk about the Traditions. "We don't want to hear about all the politics stuff! Let's talk recovery program!"

Really?

What do we talk about when we take a newcomer to a meeting? We sure don't talk recovery program! Can you visualize a newcomer sitting, shaking, worried, fearful in the front seat of the car riding to his or her first meeting?

The AA sponsor announces, "We're going to help you recover from your alcoholism with this Twelve Step program. First, you'll admit you're powerless. Then, you'll surrender to God, take a moral inventory, and confess your faults."

The newcomer fumbles for the door handle. "Surrender to God? Confess my faults? Are you people some kind of religious nuts? Let me out of here!"

No, the AA sponsor talks soothingly about things like anonymity, no dues to pay, no bosses in AA, no affiliation with outside groups, no membership requirement except a desire to stop drinking--all to make our newcomer feel comfortable and protected. We talk Traditions to our people in AA long before we broach the sensitive subjects in the Steps.

We think AA will be around forever, but we have nothing to prove it--no AA buildings, towers, or monuments. We are no more permanent than the length of our office lease and the one year's prudent reserve in our treasury. Our groups are month-to-month tenants in churches and meeting halls. The clubhouses are not allied with AA; there, the groups rent meeting space only. The groups aren't well organized, have no bylaws or charters. Officers are elected for terms from six months to two years and resign at will. Meeting formats are loose and mostly unstructured. No policing force exists to make members conform to any rules or regulations.

AA does have a service structure, but it is an upside-down pyramid, with the groups in charge over the board of trustees. With groups as loosely designed as they are, one is tempted to think about comparison to the strength of a chain. If AA is as strong as its weakest group--just how well is AA equipped to survive?

(Traditions Continued on page 2)

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(Traditions Continued from page 1)

What ever happened to the Washingtonian Society? In pre-Civil War days, they claimed half a million members who helped sober up other drunks. Abraham Lincoln gave a speech to them that we in AA treasure today. The Oxford Group, which sobered up Ebby T. to carry a message to our co-founder Bill W., is gone. Buchmanism, named for Frank Buchman, who started the Oxford Group, turned into Moral Rearmament; both are gone. Who is to say that AA won't have a similar obituary in some article about alcoholism treatment in the year 2085 AD?

Some groups have Tradition meetings. Formats vary. Two groups that we know of read and discuss a Tradition once a month. Another group reads the AA pamphlet, "The Twelve Traditions Illustrated" and discusses them during the meetings in November,

Traditions month. Another group puts on the Traditions play (copies available through the AA General Service Office), which gives a hilarious look at the results of breaking the Traditions and opens the door to discussion and understanding by the members.

One longtime member of a group summed it all up when he said, "You know, I voted against these Tradition meetings. And I refused to comment during the discussion. But I have to admit that now we are doing the Traditions, I'm beginning to enjoy it!"

It's simple.

Informed members in AA will tell you that if groups follow the Traditions, AA will survive and grow and, for a long time to come, continue to carry the message to the alcoholic who still suffers.

Reprinted with permission AA Grapevine, Inc. October 1985

(Personalities Continued from page 1)

universe to acknowledge my position, so who could blame such an important person for drinking?

Alcoholics Anonymous reversed that attitude in my life, and taught me that the individual ego flowers best when it is properly nourished by principles of selflessness, humility, and love. And along with those principles, AA nurtures an attitude of modesty, certainly the perfect accompaniment to anonymity.

The personalities of Dr. Bob and Bill are known to us because they were the founders of AA. The principle of anonymity came into being and then turned into the essential foundation of all the Traditions during their time with us. Since that early period of the Fellowship, we note that the great contributions to AA--in all levels and areas of AA service work--have been selfless, modest, and

more often than not, nameless.

Bill showed us the way in these lines: *"In a spiritual sense, anonymity amounts to the renunciation of personal prestige as an instrument of general policy."*

"Prestige" is a fancy word for pride or ego, and I think the quotation sums up beautifully the central paradox in AA: By giving up, we begin to win; by putting down the ego, we pick up self-knowledge and self-respect; and by working selflessly, we earn great personal richness.

My strength is the strength each of you in AA gives me. My future is in your hands--and yours in mine. We stand together in AA--or we fall apart.

Reprinted with permission AA Grapevine, Inc. December 1983



Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2021 Weekend Retreats **Jesuit Retreat House**

4800 Fahrwald Rd. Oshkosh, WI 54901, call 800-962-7330
jesuitretreathouse.org

Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The **Southern Wisconsin Deaf Access Committee** needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: milwareadeafaccess@gmail.com

Southern Wisconsin Deaf Access Committee (SWDAC) September 2021
Beginning Balance: \$ 7,405.68
Contributions: \$ 276.39
Interpreter: \$ 860.00
Misc. Expenses \$ 25.95
Ending Balance: \$ 6,796.12
The cost for an interpreter is \$50 for a zoom meeting and \$80 for an in-person meeting. Contact Kath W. with questions: brylerandme@gmail.com
VENMO Contributions: www.venmo.com/SWDAC

Meeting Space Currently Available

- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



DISTRICT MEETINGS

DISTRICT INFORMATION ON THE WEB:
<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 7. KENOSHA, 17. RACINE CNTY ; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S .

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. even numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., P.O. Box 13011, Wauwatosa WI 53226

16. MILWAUKEE CNTY: 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, or Via Zoom: [858 9736 4678, Passcode: 966060](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzUjZFaSE1rc3dzVmtxdFM4QT09)

27. MILWAUKEE CNTY: 3rd Saturday of month, 9:00 a.m. 12 Step Club, 4102 W Townsend St, Milw. 53216

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milw. 53207. **Hybrid meeting On Team:**
<https://teams.live.com/join/93190759500509>

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [881 8331 2739, Passcode: 071956](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzUjZFaSE1rc3dzVmtxdFM4QT09)

34. WAUKESHA CNTY: 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzUjZFaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. All Saint Cathedral, 818 E Juneau Ave.

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214
gmco@aamilwaukee.com

• **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217

• **General Service Office:** G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163

• **Area 75 Corrections, or Bridging the Gap or Treatment** write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217

• **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Milwaukee Area facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org.

TAYCHEEDAH CORRECTIONAL, Meetings are held 1st, 2nd & 4th Tuesday and on the 3rd Thursday at 5:45 - 7:30 p.m., Gloria K. (920) 921-2395

FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P.O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Meetings Wednesday at 7:00 p.m. and Sunday at 6:30 p.m. Contact: Rick B. (608) 235-5154

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608) 764-5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

KETTLE MORAIN CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

WAUPUN CORRECTIONAL INSTITUTION AA Meeting Sat., 8:00a.m.-9:30 a.m. Dale C. 920-387-4229 after 5 p. clearance.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION CENTER, 1015 N. 10th St. Milwaukee

Milwaukee Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Closed meetings Tue. & Fri. from 6:00 - 8:00 p.m.

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, MTNg. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Sun. 8:30 AM, Dane Rx Unit; Wed. 7:00 p. and two meetings on Thursday at 7:00 p. English and Spanish. Call Paul H. (262) 537-2884

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON at 1:00 p.m. on the 3rd Sunday on odd numbered months, at Greater Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Kota at email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

Area 75, Southern WI, Calendar of Events 2021

~~Madison Senior Center, 330 W. Mifflin St., Madison, Held at Senior Center except where otherwise noted.~~
(Waiting for Senior Center to Reopen to outside groups.)

Join Zoom By phone: 312-626-6799, enter meeting ID and Password.

- **Zoom Meeting** Contact Area Chair: Veronica O. vodonnell52@gmail.com
- Sept. 12, 2021 Preconference Assembly
- Nov. 12-14, 2021 [Area 75 Conference, LaCrosse WI.](#) In-person.

JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a donation of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your donation, to:

Payable to: Greater Milwaukee Central Office

Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____.

Name _____

Address _____

City _____ State _____ Zip _____

Phone: () _____ - _____

Email: _____

Home Group: _____



<u>Years</u>	<u>Name</u>	<u>Home Group</u>
37 (10/21)	Elizabeth N.	
11 (10/20/21)	Tim W.	
39 (11/11/21)	Tom L.	Airport Gp.
35 (11/22/21)	Gordie M.	Brown Deer Mon.



MILW. CENTRAL OFFICE

- **E-mail us at:**
dan@aamilwaukee.com
- **Hours:**
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- **Secretary Meeting Bi-monthly on 2nd Tuesday of each odd numbered month at 6:00 p.** Jan., Mar., May, July, Sept. and Nov.
- **Board of Directors Meeting, Wednesday following Secretaries Meeting, (odd months) 6:30 p.**
- **A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.**
- **Dist. 14, 4th Wed. at 7 p.m.**
- **Dist. 16, 1st Wed. at 6 p.m.**

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 8:00 pm Saturdays. DIMENSION 4, Bilingual, 7:00 pm, Sunday, Monday & Saturday
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service place for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution?

Use our [CONTRIBUTE](https://aamilwaukee.com) button on our website: aamilwaukee.com or use our your [VENMO](https://venmo.com) app from your smartphone.

John C. Bremer



IN MEMORIAM....John B. (Bremer) passed away on September 21, 2021 at the age of 88, with 54 years of sobriety. His home group was Group 48. He was a past delegate of Panel 31, area 75. He lived and loved AA and the Three Legacies (Recovery, Unity & Service) which he instilled in the men he sponsored.

Let's begin District 14 GSR meeting with a moment of silence.



DISTRICT 14 MONTHLY GSR MEETING!

The regularly scheduled monthly GSR has resumed in-person. Meetings are held at the Greater Milwaukee Central Office at 7429 W Greenfield Ave in West Allis. Meetings start at 7 P.M. on the 4th Wednesday each month. Next meeting September 22nd. Please try to attend.

CENTRAL OFFICE HOLIDAY CLOSINGS!

The office will be closed for the Thanksgiving Holiday on Thursday and Friday November 25th & 26th, 2021.

For the Christmas and New Year holidays:

Closed: December 24, 25, & 31 also January 1, 2022

IT HAPPENED TO ALICE

Page 4, Reprinted with permission AA General Service Office



QUOTES ON Gratitude

Today, my newcomer friends, I truly live a life that I love and there is no way I would exchange it for my old one. All our lives we've known **abundant** moments, and in this sober moment we can know abundant life.

"Ed the dead" sings songs of gratitude

AA Grapevine; April 2011

Ed L. Wrightwood, CA



There's a final item on my gratitude list:

I've surrendered to the will of what I know is a loving God. One whose ways are mysterious to me, but to whom, based on experience, I entrust my own.

From Wish List to Gratitude List

AA Grapevine; June 2007

Anonymous; Maine

"Gratitude
is a form
of Perspective."

From the August 1997 Grapevine

Every morning as I pour water into my coffee maker, I'm filled with gratitude because I'm reminded of what it was like fourteen years ago. Every morning, I filled a glass with brandy just to get my day started. Today, thanks to the program of Alcoholics Anonymous, I don't have to do that anymore.

Gratitude: Time for one more . . .

AA Grapevine; August 2002

Art V. Hohns Island, South Carolina



Gratitude: Time for one more.

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 http://www.newdayclub.net</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today's choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:00 p. Dimension 4, Bilingual</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open Introductory AA 7:00 p. Dimension 4, Bilingual</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O</p> <p>Wed. 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 7:00 p. We, Us & Ours 7:30 a. Welcome Back Gp</p> <p>Thr. 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 3:00 p. Twelve Promises 7:00 p. Dimension 4, Bilingual 8:00 p. Spanish Speaking 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday</p> <p>Mon. 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Tue. 1:00 p. 4:00 p.</p> <p>Wed. 7:00 p. Life House Beginners 8:00 a.</p> <p>10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p.</p> <p>Thr. 8:00 p. 4:00 p.</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p.</p> <p>Sat. 4:00 p. 8:00 p. Old School House 10:30 a. 11th Step 10:30 a. Big Book</p> <p>OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI (262) 549-6541</p> <p>A.A. MEETINGS, (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 9:30 a. Sun Morn Sunlight (V&IP) Zoom: 849 1831 3631, PW: 190558</p> <p>11:00 a. Sun Go-To-Mtng (V & IP) Zoom: 868 6375 8565, PW: 135314</p> <p>7:00 p. (Open Step Gp)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (V & IP) Zoom: 818 7287 8662, PW: 740572</p> <p>7:00 p. (12 & 12) (V & IP) Zoom: 852 4438 5578, PW: 363286</p> <p>Tue. 6:00 a. Open Your Eyes... (IP) 12:00 p. Tuesday Nooners (V) Zoom: 847 2556 1155, PW: 163037</p> <p>Wed. 12:00 p. Wauk Wed Nooners (IP) 5:30 p. Topic Gp (V & IP) Zoom: 818 9650 5286, PW: 677391</p> <p>Thr. 12:00 p. Fri. 12:00 p. T.G.I.F. Gp (V & IP) Zoom: 839 0454 9230, PW: 830354</p> <p>7:00 p. Topic Discussion Sat. 10:00 a. Gp 124 (V & IP) Zoom: Contact Sher at 630-432-3585 for access.</p> <p>7:00 p. Closed Meeting</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave, Suite 1, Lower Level Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillon Group. (In-person)</p> <p>Monday: (V & IP) 7:30 p.m. - AA - "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In-person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
<p>NORTHWEST ALANO CLUB* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)</p> <p>A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 204/205 7:00 p. Sun Night Gp Rm 205</p> <p>Mon. 7:00 p. Just Do It Gp 7:30 p. Mon Night Action</p> <p>Tue. 10:00 a. Step 7:00 p. Terrific Tue 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 11:15 a. Code 3 Mtng. 7:00 p. Simply Sober Gp</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Meeting 10:00 a. Gp 17 Step 1:00 p. Recovery Dharma</p> <p>Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp, women 7:30 p. AA</p> <p>Thr. 7:00 a. Big Book Meeting 10:30 a. Gp 97, Step 12:15 p. Here & Now Gp 7:00 p. AA (LGBT) All Welcome</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 65 6:30 p. Here & Now 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 http://howtoclub.info/ M, W, F, Sat. 9 a. -11 p, Tue Thr 9a. - 9p., Sun 8a to 9p.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 8:00 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic 5:00 p. Step</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad 8:00 p. Men's 12 & 12</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 5:30 p. Principles 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>

In Person AA Groups Need Your Support

- **Sun. 4 p.m.** AA New Beginnings, Unity Lutheran Church, 20700 W North Ave. Brookfield WI 53045
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Tues. 8 p.m.** Topic Gp, NW Alano Club, Rm 204, N88W17658 Christman Rd, Menomonee Falls
- **Wed. 11am. Gp 10-17**, St Veronica's 353 E Norwich, Milw. 53207

- **Thurs. 8:00 p.m.** Grateful Gp. St Mark's Episcopal Church, 2618 N Hackett Ave. Milwaukee 53211
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Fri. at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View
- **Sat. 7 p.m.** 12 Step Club 4102 W Townsend St. Milw. WI 53216

MEETING ROOMS

UNITY CLUB
1715 Creek Rd
West Bend, (262) 338-3500
unityclub1715@att.net
www.facebook.com
AA MEETING SCHEDULE

Sun. 10:30 a. ** Gratitude Gp.
8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M.
7:00 p. Men's
7:00 p. Women's

Tue. 10:00 a. Tuesday A.M.
7:30 p. Beginner's
8:00 p. Step Gp

Wed. 10:00 a. Promises
1:00 p. Steps/Promises
5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456
8:15 p. Step Gp

Thur. 10:00 a. Big Book
7:00 p. EZ Dozen 12x12

Fri. 10:00 a. Step/Topic Gp
6:00 p.
8:00 p. * Step Gp.

Sat. 10:00 a. Here & Now
7:00 p. Big Book

AL-ANON & ALATEEN MTNGS
Saturday 9:00 a. Al-Anon
Thursday 7:15 p. Al-Anon
* Open Mtng. Last Friday of month
** Open Mtng. 3rd Sunday of month

FRIENDSHIP CLUB
2245 W. Fond du Lac Ave
Milwaukee, WI
(414) 931-7033
Email: friendshipinc@sbcglobal.net
AA MEETING SCHEDULE

Sunday
10:00 a. Friendship
11:00 a. Third Sunday Open Meeting

Monday
10:30 a. Step Gp

Tuesday
7:00 p. Gp 43 Big Book

Saturday
10:30 a. Gp 112 Step
Call for information on other types of meetings.
Email: friendshipinc@sbcglobal.net

12 STEP CLUB
4102 W Townsend St.
Milwaukee, WI 53216
(414) 871-0610
AA MEETING SCHEDULE

Wednesday:
7:00 p. More About Alcoholism, Big Book Study

Thursday:
10:30 a. Group 56

Friday:
11:00 a. Gp. 61(12x12)

Saturday:
10:00 a. Beginner's
7:00 p. 12 Steps Gp

Call the club for information on Open Speaker AA meetings, meetings for other fellowships and for special events.

MILWAUKEE GROUP
933 E Center St, Milw WI 53212.
AA MEETINGS

Sun. 10:00 a. In-person
8:30 p. In-Person

Mon. 5:30 p. In-Person
7:00 p. In-Person
8:30 p. In-Person

Tue. 7:00 p. In-Person
8:30 p. In-Person

Wed. 7:00 p. In-Person
8:30 p. In-Person

Thur. 7:00 p. In-Person
8:30 p. In-Person

Fri. 7:00 p. In-Person

Sat. 8:30 p. In-Person

Milwaukee Central Office
7429 W Greenfield
West Allis WI 414-771-9119
AA MEETINGS

Sun. 9:00 a. Gp 10 Sunday

Mon. 12:15 p.

Tue. 12:15 p.

Wed. 12:15 p.

Thur. 12:15 p.

Fri. 12:15 p.

Sat. 9:15 a. 1st Step
10:30 a.

We do not meet on major holidays.

LIGHTHOUSE ON DEWEY
1220 Dewey Ave.
Wauwatosa WI
AA MEETINGS

Sunday
6:00 p. Jim's First Step
7:30 p. Gp 78 Great Room

Monday
7:30 p. Laughs/Leisure

Tuesday
6:00 p. 11th Step Meditation
7:30 p. Professionals

Wednesday
7:30 p. Presidents Hall
7:30 p. Women Mellow Lounge
8:00 p. "RES-IPSA"

Thursday
7:00 p. Women's AA
7:30 p. Alumni No 12
Friday 7:15 p. Gp 74

Saturday 10:00 a. Gp 59
7:00 p. Great Room

All Saint's Cathedral
818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting
Tue: 10:30 a.m. Men's Gp.
Wed: 7:30 p.m. Men's Gp.
Thur: 7:00 p.m. Men's Blackbelt
Fri: 7:30 p.m. Big Book Gp.
Sat: 10:30 a.m. Men's Gp.

DISTRICT 34 OPEN SPEAKER MEETING

New Location:
Unity Lutheran Church
Cross of Life Campus
20700 W. North Ave.
Brookfield, WI. 53045

In-Person Only
Doors open at 6:30
Meeting at 7:00pm

Consider supporting the "District 34" Open Meeting in one of the following ways:

- Share your group message by sponsoring the Open Speaker Meeting
- Contact your group GSR to volunteer
- Attend the District 34 meeting (1st Tuesday of each month, 6:30pm, NW Alano Club)
- Get in touch with the Open Meeting Co-Chairs, Ashley M. (715-685-4141) or Tim R. (262-719-4389)

*District 34 is the Northeast corner of Waukesha County

...our primary purpose is to carry the message..."

Hosting Group / Speakers

October 9th, 2021
Friday Night Action
Ed K. (AA)
Mary Beth W. (Alanon)

November 13th, 2021
Sunday Morning Big Book
TBD (AA)

December 11th, 2021
"Staying Sober Through the Holidays"
Tori S (AA)
Scott M (AA)
Sashie E (AA)



Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics Anonymous.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Meeting ID [8700 953 588](https://zoom.us/j/8700953588) no password but waiting room.
By phone dial 312-626-6799

THE AA PREAMBLE: BACKGROUND INFORMATION

THE PREAMBLE was introduced in the June 1947 issue of the AA Grapevine magazine. It was written by the then-editor, who borrowed much of the phrasing from the Foreword to the original edition of the Big Book, *Alcoholics Anonymous*.

In those early years, the Grapevine had just begun to circulate among nonalcoholics, and the Preamble was intended primarily to describe for them what AA is and is not. It is still often used for public information purposes. As time passed, it began appearing in all Conference-approved publications, and many AA groups now use it to open meetings.

The original version differed in two ways from the familiar form we all know: 1) It stated that the only requirement for membership is an *honest* desire to stop drinking," and 2) it contained only the very brief statement "AA has no dues or fees."

People often ask why the word "honest" was deleted. At the 1958 General Service Conference, a delegate asked about the words "honest desire to stop drinking," suggesting that since "honest" does not appear in the Third Tradition, it might be deleted from the Preamble. In discussion, most Conference members felt that as AA had matured, it had become almost impossible to determine what constitutes an honest desire to stop drinking, and also that some who might be interested in the program could be confused by the phrase. Thus, as part of the evolution of AA, the phrase had been dropped from common usage. The midsummer 1958 meeting of the General Service Board of Trustees ratified the deletion, and since then the Preamble has read simply "a desire to stop drinking."

At the same time, the phrase "AA has no dues or fees" was clarified to read as it presently does: "There are no dues or fees for AA membership; we are self-supporting through our own contributions." The current version of the Preamble appears on page one of every issue of the Grapevine.

At the 71st General Service Conference in 2021, after a series of votes, a final Advisory Action requested that "The Preamble revision replacing the words 'men and women' with the word 'people' be presented to the General Service Board for approval as the new revised A.A. Preamble." The revised A.A. Preamble first appeared in the July 2021 AA Grapevine and the July/August La Viña, and afterwards throughout Grapevine and A.A.W.S. literature and other media.

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AA PREAMBLE©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Our Great Responsibility

Area 75 Annual Conference of Alcoholics Anonymous
Hosted by District 1

Nov. 12-14, 2021

La Crosse Center | 300 Harborview Plaza | La Crosse, WI

Standing Committee Meetings	ALKATHONS	Ice Cream Social
AA Speakers & Panels	Al-Anon Speaker & Panels	Entertainment
Banquet Buffet	Area 75 Assembly	Alateen Speaker & Activities

Register by Mail by Oct. 31 (1 Form per Person & Please Print)

Select: ☐ AA ☐ Al-Anon ☐ Alateen ☐ Other

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Accessibility Accommodation Needs (request by Oct. 12):

**First 100 registrants are entered to
win a set of conference CDs!**

Please choose only ONE:

<input type="radio"/>	Pre-registration (mail by Oct. 31)	\$20.00
<input type="radio"/>	Registration + Saturday Night Buffet	\$48.00
<input type="radio"/>	Registration + Sunday Breakfast	\$34.00
<input type="radio"/>	Registration + Saturday Night & Sunday Breakfast Buffets	\$62.00
Donation: \$ _____		
TOTAL ENCLOSED: \$ _____		

Or Register Online

Go to <https://area75.org>

or scan the QR code with your
cellphone camera → → → →



Make checks
payable to:

Area 75 Conference
P.O. Box 2123
La Crosse, WI 54602

All Must Register to Attend Conference.

Registration at the Door is \$25.

A.A. Conferences: "Why do we have to pay?" Conferences are self-supporting. The costs of the events are paid through ticket sales (registration). No baskets are passed during the conference. Ideally, the event is planned to break even; therefore, the registration cost is nominal compared to a weekend worth of entertainment elsewhere. Attendance is voluntary and as responsible A.A. members we pay our own way—in keeping with A.A.'s Seventh Tradition.



CELEBRATE VETERANS DAY!

The AA Conference Committee at the VA with Al anon Participation

Invites you join us for a

“LIFE IN RECOVERY”

Panel and Open Speaker Meeting Luncheon

Purpose: The committee has not been able to hold its yearly conference at the VA and would like to take this time to recognize our fellow veterans in recovery. All speakers and panelists will be a Veteran or come from a Veteran family.

Date: Saturday November 6, 2021

Time: 9:00 a.m. – 2:00 p.m.

Place: Pass It On Club
6229 W Forest Home Ave
Milwaukee, WI 53220

This is a family event. \$5.00 DONATION SUGGESTION FOR THE VETERANS FUND. Masks are optional. Please respect each other's personal choices. We want to make sure all attending are comfortable.

Program Agenda

9:00 -9:15 a.m.	Opening Prayer, Coffee & Donuts
9:15- 10:00 a.m.	Al anon Panel
10:15 – 11:00 a.m.	AL anon Speaker – Iris from Kenosha
11:00 – 12:00 p.m.	Lunch
12:00 – 12:45 p.m.	AA Panel
1:00 – 1:45 p.m.	AA Speaker Dave G from Illinois
2:00 – 3:00 p.m.	Closing and wrap up

TO RSVP OR IF YOU HAVE ANY QUESTIONS CONTACT LYNN G 414-688-7164

ANNOUNCING NEW MEETING

Join Curt and friends for
More About Alcoholism: a big book study,

Wednesdays at 7:00 P.M.



12 Step Club
4102 W Townsend St
Milwaukee WI 53216

(Second floor meeting rooms)

Gifts of Sobriety

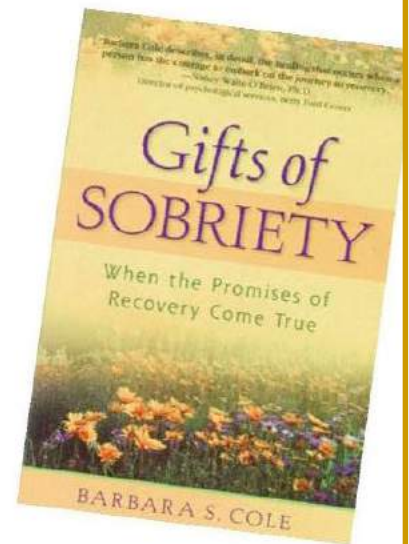
When the Promises of Recovery Come True

"Why try?" we sometimes ask ourselves when faced with the uncertainties and hard work of recovery. But the answers are all around us, in the rich and spirited lives of those who have made the journey before us, each one a member of the joyful possibilities that await. These possibilities come alive in *Gifts of Sobriety*, a book that gives immediate meaning to the Big Book's promise: "We are going to know a new freedom and a new happiness."

Published 2000

The 12 Promises described Chapter by Chapter

\$15.95 Available at Milwaukee Central Office



What Happened To Joe, page 12

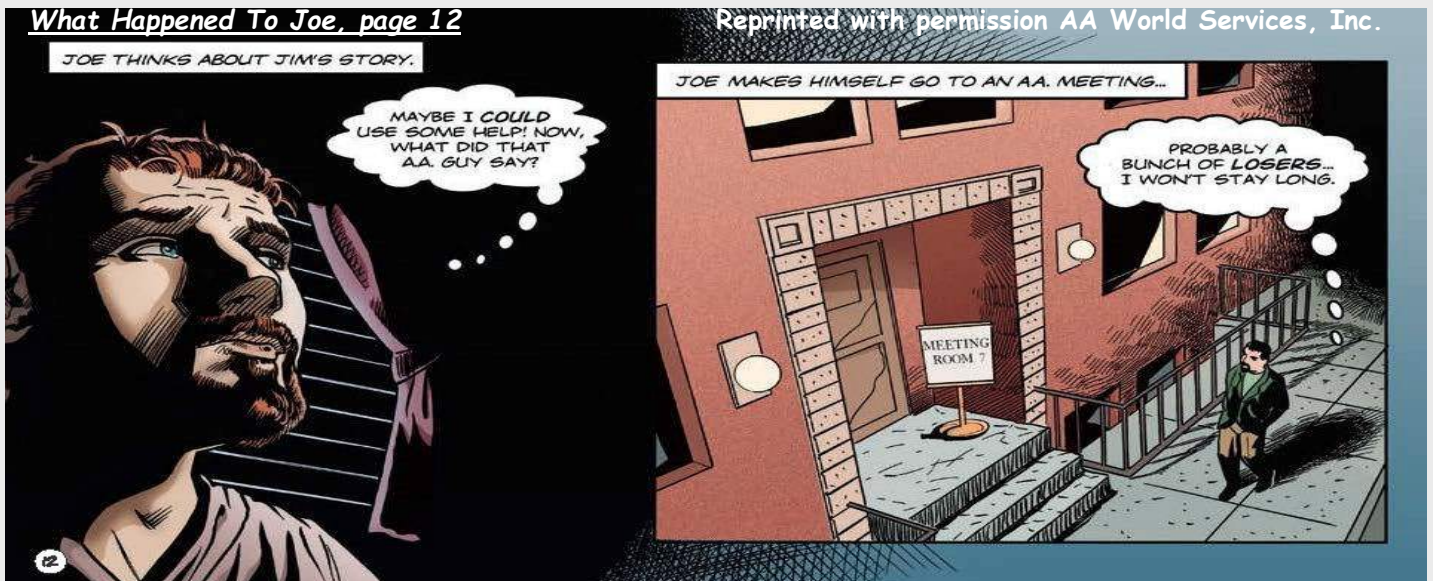
JOE THINKS ABOUT JIM'S STORY.

MAYBE I COULD
USE SOME HELP! NOW,
WHAT DID THAT
A.A. GUY SAY?

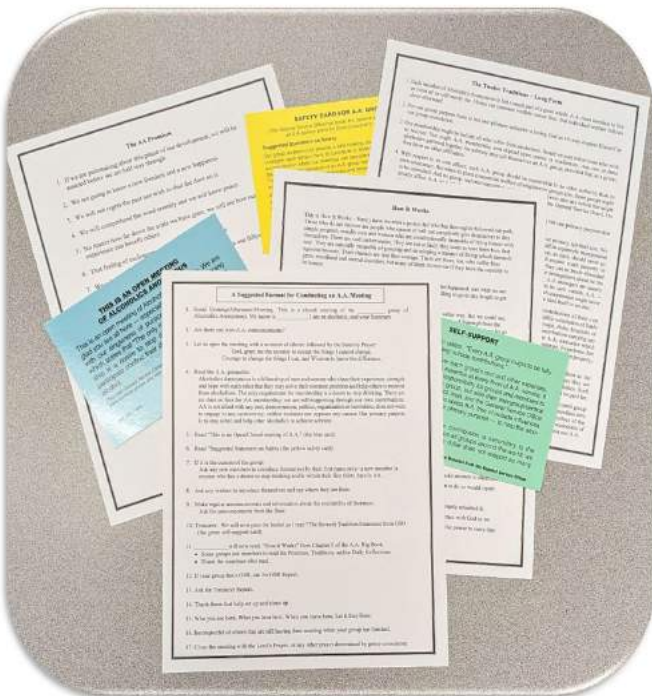
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JOE MAKES HIMSELF GO TO AN A.A. MEETING...

PROBABLY A
BUNCH OF LOSERS...
I WON'T STAY LONG.



Now Available for purchase at Central Office: Meeting Starter Pack including a Suggested Meeting Format. All pages are Laminated.



A Suggested Format for Conducting an A.A. Meeting

How It Works The Promises

The Traditions – Long and Short Form

All pages are Laminated

Safety card, Self-Supporting card, and the Open / Closed AA Statement card are included

Special Price of only \$5.25

SELF-SUPPORT

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

Service Material from the General Service Office

**Sober Living Big Book Group
Same Location, New Night**

Beginning September 21, 2021

**Sober Living Big Book Group is moving to
Tuesday night! Meeting starts at 7:30 p.m.**



**Mother of Good Counsel Parish
6924 W. Lisbon Avenue
Milwaukee, WI 53210**

**East Entrance (can be accessed from either Lisbon Avenue or Burleigh Street)
Doors Open at 7:00 p.m.**

We alternate from a study of the Big Book of Alcoholics Anonymous from the Preface through Dr. Bob's Nightmare, and a study of the 12 Steps & 12 Traditions reading the 12 Step essays plus long form Traditions.

We read one paragraph at a time and pause after each paragraph to allow for questions, discussion and sharing of experience.

Nov 13

SATURDAY 11TH STEP WORKSHOP

Exploring Meditation

**7:30AM
MEETING**

Open AA Meeting
Experience a 20 minute
meditation period
followed by a lead &
group sharing

**9AM
SPEAKER**

**Matthew F
from St. Louis**



**10:30
MEDITATION
PANEL**

Listen to Recovered
Alcoholics share their
experience with
Meditation

11:30 LUNCH

Bethel Lutheran
577W18426 Janesville Rd Muskego

EGO GOOD? EGO BAD?

Here follows a description of the evolution of our ego. This is followed by Sigmund's Freud's disclosure of its purpose.

- From an evolutionary perspective, ego is surmised to have **evolved from self-awareness**. Self-awareness is particularly advantageous for social animals like us — humans. It gives us an idea about our strengths, weaknesses, our role and position in the society and also to understand other's behavior.
- When Freud developed psychoanalytic theory, he used the German word *es* (Ego in English) to describe the part of the self that is responsible for decision making.

Consequently, I understand our ego is an inherited filter that protects us from outside hazards and perilous internal decisions. Without our egos humans could never have survived the slings and arrows of time. Our ego is to be considered a benevolent human psychological component. As Dr. Freud explained, it is a thought filter—a decision making apparatus.

Although this may seem an unusual glowing report for which is often given an extremely bad rap around the AA tables, but we *can* experience a benevolent healthy ego that keeps us *happy, joyous, and free*. (p. 133) However, our egos sometimes may go out of whack and become disastrous to us and to our fellows, e.g.:

The **secular driven ego filter** that lives in deep fear and elevates ordinary situations out of proportion. We begin to consider ourselves big shots (egomaniacs), unable to see another's point of view, often insulting, uncaring of others, self-centered to the max, and all the rest of it. We can easily see how this dangerous disorder can lead alcoholics to that first drink.

However:

As the result of living the Twelve Steps, a **God inspired ego filter** takes precedence over the fear and destructive behavior of the **secular driven ego**. Page 85 tells us: "The problem (mental obsession) has been removed. It does not exist for us so long as we remain in a fit spiritual condition." (p. 85)

Ego good? Ego bad? I have a choice—Thank you God!

Bob S, Richmond, Indiana

Reprinted with permission Robert Stonebraker
Richmond, IN 47374

*Sunday Night
Surrender's*



ANNIVERSARY

OPEN SPEAKER MEETING

Sunday November 7, 2021

Lake Park Lutheran Church

2647 N Stowell Ave, Milwaukee, WI 53211

FEATURED SPEAKERS:

**MASKS
REQUESTED**

**AA: GEORGE H
ALANON: LILLI P- H**



JOIN US FOR FELLOWSHIP AT 6 PM

SPEAKERS START AT 7 PM

ALSO ON ZOOM!

MEETING ID: 596194781 | PASSWORD: 755654



WE HAVE A NEW HOME!!

GROUP #63

MONDAY NIGHTS 7:00PM

LUTHER MEMORIAL CHURCH

2840 S. 84TH STREET

WEST ALLIS, WI 53227

Big Book topics, 12 steps discussions, and AA general topics

COME ON OVER AND MEET NEW FRIENDS!

This is a closed meeting. Masks required.



HOLIDAY OPEN HOUSE



WHEN:

**Saturday, December 11,
2021, 10 A.M. – 12:30 P.M.**

Speaker: 11 A.M. to 11:30 A.M.

AA speaker: Bill H.

WHERE:

Milwaukee Central Office

7429 West Greenfield Ave,

West Allis, WI 53214

**Shop and Enjoy 10% off all Non-AA Conference
approved books and gifts, on Dec. 11th
when you join us for our Open House.**



**REFRESHMENTS • REFRESHMENTS •
More REFRESHMENTS**

***Welcoming Newcomers and Aiding
AA Groups In Our Community***

**COME AND
EXPLORE THE
MILWAUKEE
CENTRAL
OFFICE**

**MEET YOUR
BOARD OF
DIRECTORS**

**GREET YOUR
FRIENDLY
OFFICE STAFF**

**ENJOY THE FEL-
LOWSHIP & EAT
THE FREE FOOD**

**SUGGESTIONS
TO IMPROVE
AA IN THE
COMMUNITY
ENCOURAGED**